

## REQUESTING THE THREE REFUGES AND THE FIVE PRECEPTS

*(After bowing three times, with hands joined in añjali, recite as a group:)*

Mayaṃ<sup>1</sup> bhante<sup>2</sup> tisaraṇena saha pañca sīlāni yācāma<sup>3</sup>

Dutiyampi mayaṃ bhante tisaraṇena saha pañca sīlāni yācāma

Tatīyampi mayaṃ bhante tisaraṇena saha pañca sīlāni yācāma

*We, Venerable Sir, request the Three Refuges and the Five Precepts.*

*For the second time, we, Venerable Sir, request the Three Refuges and the Five Precepts.*

*For the third time, we, Venerable Sir, request the Three Refuges and the Five Precepts.*

## TAKING THE THREE REFUGES

*(Repeat, after the leader has chanted three times:)*

Namo tassa bhāgavato arāhato sām̐māsāmbuddhassa

Namo tassa bhāgavato arāhato sām̐māsāmbuddhassa

Namo tassa bhāgavato arāhato sām̐māsāmbuddhassa

*Hōmāge to the Blessed, Noble, and Perfectly Enlightened One.*

*Hōmāge to the Blessed, Noble, and Perfectly Enlightened One.*

*Hōmāge to the Blessed, Noble, and Perfectly Enlightened One.*

Buddhaṃ saraṇaṃ gacchāmi

Dhammaṃ saraṇaṃ gacchāmi

Sāṅghaṃ saraṇaṃ gacchāmi

*To the Buddha I go for refuge.*

*To the Dhamma I go for refuge.*

*To the Sangha I go for refuge.*

Dutiyampi Būddhaṃ saraṇaṃ gacchāmi

Dutiyampi Dhāmmaṃ saraṇaṃ gacchāmi

Dutiyampi Sāṅghaṃ saraṇaṃ gacchāmi

*For the second time, to the Buddha I go for refuge.*

*For the second time, to the Dhamma I go for refuge.*

*For the second time, to the Sangha I go for refuge.*

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<sup>1</sup> When one person is chanting as an individual, Mayaṃ becomes Ahaṃ; if one person is requesting on behalf of a group, Mayaṃ is used.

<sup>2</sup> When requesting from a nun, bhante becomes ayye. When requesting from a lay person, bhante becomes mitta.

<sup>3</sup> When one person is chanting as an individual, yācāma becomes yācāmi; if one person is requesting on behalf of a group, yācāma is used.

Tatīyampi Būddham saraṇaṃ gacchāmi  
Tatīyampi Dhāmmaṃ saraṇaṃ gacchāmi  
Tatīyampi Saṅghaṃ saraṇaṃ gacchāmi  
*For the third time, to the Buddha I go for refuge.  
For the third time, to the Dhamma I go for refuge.  
For the third time, to the Sangha I go for refuge.*

*Leader:* Tisaraṇa-gamaṇaṃ niṭṭhitaṃ  
*This completes the going to the Three Refuges.*

*Response:* Āma bhante/ayye/mitta  
*Yes, Venerable Sir/Sister/Friend.*

## THE FIVE PRECEPTS

*(To undertake the precepts, repeat each precept after the leader.)*

1. Pāṇātipātā verāmaṇī sikkhāpadaṃ sāmādiyāmi.  
*I undertake the precept to refrain from taking the life of any living creature.*
2. Adinnādānā verāmaṇī sikkhāpadaṃ sāmādiyāmi.  
*I undertake the precept to refrain from taking that which is not given.*
3. Kāmesu micchācārā verāmaṇī sikkhāpadaṃ sāmādiyāmi.  
*I undertake the precept to refrain from sexual misconduct.*
4. Musāvādā verāmaṇī sikkhāpadaṃ sāmādiyāmi.  
*I undertake the precept to refrain from false and harmful speech.*
5. Surāmeraya-majja-pamādaṭṭhānā verāmaṇī sikkhāpadaṃ sāmādiyāmi.  
*I undertake the precept to refrain from consuming intoxicating drink and drugs which lead to carelessness.*

*Leader:* Imāni pañca sikkhāpadāni  
Sīlena sugaṭiṃ yanti  
Sīlena bhogaśāmpadā  
Sīlena nibbutiṃ yanti  
Tasmā sīlaṃ visōdhaye  
*These are the Five Precepts;  
virtue is the source of happiness,  
virtue is the source of true wealth,  
virtue is the source of peacefulness.  
Therefore let virtue be purified.*

*Response:* Sādhu, sādhu, sādhu  
*(Bow three times.)*